inDemand: Demand driven co-creation for public entities

CHALLENGE 3: e-consultations in the management of alcohol dependency (e-Prevent)

Institution responsible for the Challenge

Name of the institution: FOCH Hospital

Service/Department: Addictology/Liaison and Addiction Treatment Teams

Pitch

e-consultations in the management of alcohol dependency

Motivation and description

There is a gap in the monitoring for patients after hospital or outpatient withdrawal, especially when the patient finds himself in his "consumption" environment, but also a lack of contact with his referring addictologist. If the patient is struggling to manage the craving, or if he is drinking, or if he is distressed... He can only go to the emergency room or contact his attending physician, as emergency consultations in addictology are rare (especially in the evenings and on holidays). The management of an alcohol-dependent patient who has been weaned requires close contact, on demand, to prevent frequent relapses, especially in the first 3 months of consumption.

Scope

All hospital addiction units could benefit.

Operational Requirements

Platform for e-consultations, accessible to alcohol-dependent patients monitored in the Liaison and Addiction Treatment Teams Unit and to their addictologist physicians, compatible with the telemedicine charter validated by the Order of Physicians.

Expected impact

1. Offer patients the opportunity to be at the centre of a hospital addiction treatment network and thus benefit from a coordinated care protocol from the first contact to the relapse prevention phase.
2. Strengthen the healthcare channels to promote the achievement of their therapeutic goals.
3. Support these alcohol-dependent patients in their daily lives and maintain their motivation.
4. Anchor new learning at home
5. Strengthen the implementation of an emergency plan in case of craving

Feasibility

Approvals to be obtained (National Council of the Order of Physicians (CNOM), Regional Health Authority (ARS), Social Security): at least one telemedicine site has obtained these authorisations, in accordance with Charter of the National Council of the Order of Physicians

Computer Resources Needed (modest)

Have patients adopt this new service (a request already often expressed by these patients)

Human resources of physicians trained in addictology:

- experience in telemedicine of physicians already present in the Addictology Unit
- the implementation of the project will require about 1/5th of a Full-Time Equivalent (FTE) addictologist for pilot/test phase
- These resources will have to be adapted according to the results.